

## Measuring for Your Dress Pattern

Take the measurements over your normal clothing. Stand straight with your feet flat on the floor. Tie a string or a piece of 1/4" elastic around your waist and bend from side to side to settle the elastic at your natural waistline. For better accuracy, it is helpful to have someone help you with the measurements.

- 1) Bust size -With arms outstretched, place the tape around the back shoulder blades parallel to the floor. Bring tape around the bust. Lower your arms, allowing the tape to expand. Round the measurement up to the nearest size. Example: Bust measures 42 ½", order size 44.
- 2) Shoulder length – Measure from the base of the neck along the shoulder seam line to the end of the shoulder. (*Or simply measure the length of the shoulder seam on a dress that fits you well.*)
- 3) Shoulder to apex – Measure from the middle of the shoulder seam line down to the highest point of the bust.
- 4) Shoulder to waist – Keeping the tape on the shoulder seam, continue measuring down from the apex to the bottom edge of the elastic; allowing tape to follow the contour of the body.
- 5) Apex to apex – Measure across from one high bust point to the other.
- 6) Cup size – a. Measure your full bust without your arms outstretched. b. Measure directly above your bust. c. Subtract the difference.  
1" or less=A   1¼" – 2"=B   2¼" – 3"=C   3¼" – 4"=D   4¼" – 5"=DD   5¼" – 6"=E
- 7) Waist – Measure around your waist at the place the elastic falls, keeping the' tape comfortably loose.
- 8) Back length – Measure the center back seam from the base of the neck to the bottom of the waist elastic.

### FILL IN YOUR MEASUREMENTS

1.	Bust size		5.	Apex to Apex	
2.	Shoulder length		6.	Cup Size	
3.	Shoulder to Apex		7.	Waist	
4.	Shoulder to Waist		8.	Back Length	

**Feel free to call us at (717)865-3575 with any questions and ask for Esther Mae**

The patterns come with a standard sleeve pattern made for elastic which you can adjust to your length, a fitted neck band, and a skirt pattern with extra fullness which needs to be gathered onto the bodice. The length can be adjusted by cutting off the extra inches at the bottom.

These are elastic-waist dress patterns, and the cape is made with a French dart at the side. We also have nursing bodices available for each size. Special orders for patterns are accepted.